

Power to Parent III - Common Challenges

Course Outline

Part III of the Power to Parent series focuses on the typical challenges of parenting. Every child gets stuck from time to time on the road to maturation. Dr. Neufeld helps equip parents to read the signs of a child in trouble, live with a sensitive child, cultivate resilience in a child, lead an alpha child, soften a defended child, discipline a stuck child, and more. Dr. Neufeld offers effective and safe practices that honour and preserve the relationship, even when the problems seem daunting.

Course Outline

This video course is divided into eight one hour sessions.

Session 1: Thinking developmentally when facing challenges

Session 2: Recognizing the signs of trouble

Session 3: Living with a sensitive child

Session 4: Softening the defenses in a child

Session 5: Cultivating resilience in a child

Session 6: Leading an alpha child

Session 7: Disciplining a stuck child

Session 8: Putting the developmental approach into practice

This course will help shed light on:

- the distinctives of the developmental approach
- recognizing the signs of a child in trouble
- the signs of stuckness
- the signs of a vulnerability too much to bear
- the behavioural signs of a child in trouble
- understanding the roots of behaviour
- the challenges of parenting a sensitive child
- how to soften a child's defenses

- why children need to become resilient
- how to recover lost tears
- why it is important to take the lead as a parent
- how we can make it safe for our child to depend on us
- what discipline methods do not work when your child is stuck
- ways to compensate for the deficits and dysfunction of stuck kids
- how to handle incidents
- how to become the parent your child needs