

Bullies their Making and Unmaking

Course Outline

Dr. Neufeld's refreshing developmental analysis of bullies reveals instinctive roots embedded in the dynamics of attachment and the flight from vulnerability. Invited to keynote on Canada's first national conference on bullying, Dr. Neufeld shares the insights that have evolved as a result of years of experience working with bullies of all kinds, combined with his mastery of the developmental literature. This material is especially useful for educators struggling to provide safe school environments.

Course Outline

This outline is from the DVD material that forms the basis of both the distance education course and the facilitated video course.

Session 1: Introduction

- How bullies are begotten: the overview
- Bullying rooted in instinct and emotion
- Bullying as alpha instincts gone awry
- The modus operandi of the bully

Session 2: The Bully's Vulnerability Problem

- The making of the bully's vulnerability problem
- The traits deriving from the vulnerability problem
- The bully and immaturity

Session 3: The Bully's Attachment Problem

- The making of the bully's attachment problems
- The traits deriving from the attachment problems
- The union of the two problems - attachment and vulnerability
- Peer orientation and bullying

Session 4: Challenges in the Unmaking of Bullies

- Bully behaviour - the tip of the iceberg
- What doesn't work
- The unmaking of bullies
- Best prevention
- Keys to raising children: right relationships and soft hearts